

Southwest Michigan**Phone #****Description of Service****Mental Health / Medical Health**

988 Crisis Line for Mental Health, Substance Abuse, Suicide
 269-925-0585 Riverwood Behavioral - Berrien County, MI
 269-445-2451 Woodlands Behavioral - Cass County, MI
 269-926-7121 Berrien County Health Dept - Vaccinations - Low Cost Care
 269-782-0064 Cass County Health Dept - Vaccinations
 269-429-3281 Berrien County Cancer Services

Food Pantries / Household

269-423-6474
 269-465-4673
 269-202-6050
 269-687-9860
 269-684-2660
 269-932-3557
 269-445-8104
 269-684-2770
 269-426-0001
 269-756-7444
 269-621-2551
 269-782-0000
 269-473-4400
 269-699-5870
 269-684-0637
 269-621-4103
 269-463-5470
 269-429-1106
 269-925-8204
 211
www.michigan.gov/mdhhs
help4berrien.org

Decatur Human Services Food Pantry 269-423-6474
 Woodland Shores Mobile Food Pantry -Various Points 269-465-4673
 Hope Resources - Coloma - clothing / food 269-202-6050
 Ferry Street Resources - Niles 269-687-9860
 Salvation Army - Niles 269-684-2660
 Mosaic CCDA - Benton Harbor 269-932-3557
 Helping Hands of Cass County - Cassopolis 269-445-8104
 Hope Community Church - Niles 269-684-2770
 Harbor C. Mission - various assistance Bridgman 269-426-0001
 Harbor County Emergency Food Pantry and Thrift Store - Three Oaks 269-756-7444
 The Church of Keeler - Food Pantry - Sometimes has free clothing 269-621-2551
 A.C.T.I.O.N. Ministry Center Food Pantry 269-782-0000
 All Nations SDA Church 269-473-4400
 Edwardsburg Food Pantry 269-699-5870
 St. Mary's of the Immaculate Conception 269-684-0637
 Cooperating Ministries - Hartford 269-621-4103
 St. Joseph Church Food Pantry - Watervliet 269-463-5470
 Road to Hope - St Joseph 269-429-1106
 Benton Harbor Soup Kitchen - Benton Harbor 269-925-8204
 Michigan 211 - help finding assistance 211
 All assistance resources, Women, Infant, Children, etc www.michigan.gov/mdhhs
help4berrien.org

Career Related

800-285-9675

Michigan Works! Berrien, Cass & Van Buren (Benton Harbor, Paw Paw)

Veteran Services

269-983-7111

Veteran Services - Veterans, Spouses, Children - St. Joseph

Other

269-926-8766
 269-445-8110
 269-683-1552
 269-657-2581
 269-983-3304
 269-240-7177
 800-338-4015

Boys and Girls Club Greater SW Michigan 269-926-8766
 Cass County Council On Aging - Cassopolis 269-445-8110
 YMCA of Michiana - Niles, St. Joseph 269-683-1552
 Tri County Head Start - Multiple areas 269-657-2581
 Berrien Community Foundation - Scholarships for graduating high school seniors 269-983-3304
 Spero House of Niles - community support, services 269-240-7177
 Empower - 403B retirement plan - Hardship withdrawal or loans 800-338-4015
 Councils on Aging / Senior Centers google for local location

Transportation

269-445-2455 Cass County Transit
 269-471-1100 Berrien Bus
 269-684-5150 Dial A Ride - Niles / Buchana
 269-927-2268 Twin Cities Area Transit

Calhoun County**Mental Health / Health**

988 Crisis Line for Mental Health, Substance Abuse, Suicide
 1-800-632-5449 Summit Pointe
 269-781-0909 Calhoun County Health Department

Food Pantries / Household

269-963-3640 Salvation Army - Battle Creek
 269-965-3251 Neigh Pantry - Battle Creek
 269-719-2422 Love they Neighbor Ministries - Battle Creek
 269-969-2451 North East Neighborhood Food - Battle Creek
 269-964-3663 South Michigan Food Bank - Battle Creek
 269-781-9094 Crossroads Church and Ministries - Marshall
 269-979-4565 Church of the Nazarene Battle Creek
 517-629-5260 Albion Interfaith Ministries - Albion
 517-629-0842 Community Table of Albion Food Pantry - Albion

269-963-3640
 269-965-3251
 269-719-2422
 269-969-2451
 269-964-3663
 269-781-9094
 269-979-4565
 517-629-5260
 517-629-0842

517-767-4199	Tekonsha Food Pantry at Union Church - Tekonsha	517-767-4199
269-781-2954	Emergency Assistance - Marshall Area Community Services, food, utilities	269-781-2954
269-781-9094 ext 21	Bread of Life Food Pantry - Marshall	269-781-9094 ext 21
269-965-7766	Community Action Battle Creek - Education and Children's Early Head Start	269-965-7766
269-965-7766	Education and Children's early head start - Calhoun County	269-965-7766
269-781-4514	Education and Children's early head start - Marshall Office	269-781-4514
517-629-4490	Education and Children's early head start - Albion Office	517-629-4490
269-781-3325	Marshall United Way	269-781-3325
211	Michigan 211 - help finding assistance	211
517-554-1459	Marshall Mobil Meals - Oaklawn Hospital	517-554-1459

Transportation

269-781-3975	Dial A Ride - Marshall
269-966-3474	Battle Creek Transit - Battle Creek

Veteran Services

269-441-6051 Veteran Services Calhoun County

www.michigan.gov/mdhhs All assistance resources, Women, Infant, Children, etc